

# CLIMBING AND RAPPELLING PROGRAM

## APPLICATION PACKET

### FOR

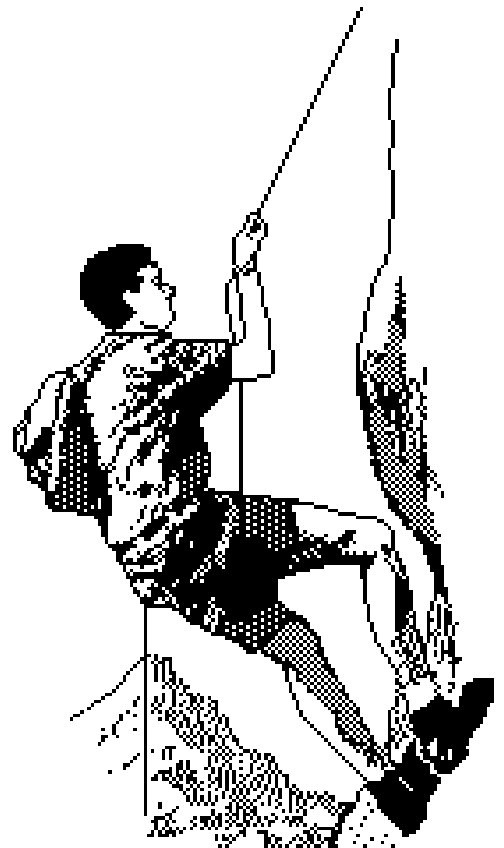
## CAMP SOL MAYER

## CONCHO VALLEY COUNCIL

## BOY SCOUTS OF AMERICA

## SAN ANGELO, TEXAS

Reservations may be made by faxing the Application Form to 325-657-0139, or mailing it to Concho Valley Council, PO Box 1584, San Angelo, TX 76902. Each group should submit one Application Form to the Council Office with a \$50 non-refundable deposit with the remaining balance due no later than two (2) weeks before the scheduled experience; **fee payment** is necessary to confirm a date. Each participant should receive the briefing in the information sheet, and **each** participant should fill out a **Medical Information Sheet** and bring it to the course the day of the activity. Permission is granted to duplicate and distribute copies of these forms to prospective group members as needed.



# CLIMBING AND RAPPELLING PROGRAM INFORMATION SHEET

## Concho Valley Council, Boy Scouts of America

Young people today seek challenges. Climbing and rappelling offer them worthy opportunities to learn new skills, test themselves, and have a terrific time. It's hard to top the satisfaction of climbing a rock face and rappelling down a steep pitch.

This program is designed to introduce the basics of climbing and rappelling, thus the participants will not learn enough or gain sufficient experience to start climbing on their own. The day's activities will offer a taste of a great sport, but will in no way prepare participants to try rappelling or rock climbing without qualified supervision. This one day experience will not complete the Climbing Merit Badge.

All participants are expected to respect the experiences of others and to have a positive mental attitude throughout the activities. No one is asked to do more than he is willing to undertake, but each is challenged to do as much as he can, setting and striving toward his own goals and contributing to the group objectives.

### ***Safety***

Safety is foremost in all activities – emotional as well as physical safety. As participants encounter the various challenges, they may experience a variety of fears, such as the fear of heights, the fear of getting hurt, or of embarrassment. Instructors will encourage participants to examine the source and reasonableness of these fears. As well, instructors will promote an atmosphere in which participants feel safe enough to challenge their self-imposed limitations. Thus, participants learn to respect and encounter fear in ways that allow personal growth.

Instructors teach safety before performing any activity. All group members will learn belaying techniques and use them to protect their member/climber against falls. The instructor will also provide an overview of equipment, belaying systems, spotting techniques used while bouldering (all systems have back-ups), verbal signals, and climbing and rappelling methods. Trained professionals regularly inspect the tower and the hardware. All instructors receive training in the physical and emotional dynamics of the activity, and in the safety and emergency procedures of the facility.

### ***Participants***

All participants in the Climbing and Rappelling program must be currently registered as a member of a Boy Scout Troop, Venturing Crew, or Exploring Post. The climbing and rappelling activity is for all adults as well. Your group should consist of at least 6 and not more than 12 members. Groups of adults are encouraged, such as unit or district committees. Non-scout and corporate groups are also welcome.

### ***Application***

Climbing and Rappelling programs are scheduled by application through the Concho Valley Council, BSA office at 104 West River Drive, San Angelo, Texas 76903. Applications are taken on first-come, first-served basis. Tentative reservations are taken by fax or email. The appropriate application form must be received and the registration fee paid no later than two weeks before the scheduled date to confirm the reservation. Climbing and Rappelling Program Application packages with appropriate information and forms are available from the council office.

During the two weeks before your scheduled date, an instructor will contact your adult group member to discuss objectives and final plans.

### ***Health***

All participants must be in good health and submit a signed Climbing and Rappelling *Medical Information/Informed Consent* Form. These forms are supplied as a part of your Climbing and Rappelling

Application Package. If the unit has current BSA camp physical forms, these should be brought to the tower on the day of the activity. For participants under 18, a parent or guardian must also sign the medical form.

### ***Dress***

Dress appropriately for the season and for physical activity. Dress in removable layers in cooler weather. Recommended shoes are athletic or walking shoes, or lightweight hiking boots. Minimize pocket items, jewelry, watches, and large belts or buckles, as they must be removed on the course. Sunscreen should be used at all times. Retaining bands for prescription glasses should be used. In warm weather, insect repellent is wise. In wet weather the use of the tower will be discontinued until conditions improve.

### ***Food***

Normal one-day experiences need to provide for lunch. It is requested that each group provide lunch for themselves and two instructors. Food may be brought from home to the site, or a non-participating adult may go out to purchase sandwiches, pizza, or burgers at nearby establishments. Travel to an establishment by the whole group is not recommended because of the time consumed. For the same reason, cooking by participants should not be planned during the lunch break. Lunch break is approximately one hour.

Only drinking water and restroom facilities are provided at the site. We recommend each participant bring his own cup, water bottle, or canteen; you may bring your own drink flavoring, if desired. Soft drinks are acceptable for lunch, but not recommended for re-hydration/refreshment. Bring a plastic bag to collect and remove your garbage at the end of the day.

**ALCOHOL IS PROHIBITED ON SCOUT PROPERTY AND SMOKING IS PROHIBITED ON THE CLIMBING AND RAPPELLING COURSE.** (Dry grass and wood mulch surround the tower)

### ***Weather***

Climbing and Rappelling activities can be performed in most mild weather conditions. In the event of extremes, such as heavy rain, lightning, freezing temperatures, or announced weather alerts, activities will be discontinued or not started. The decision of the instructor will be final on this matter. Where possible, activities will be rescheduled; otherwise, they will be refunded, in part.

### ***Camping Facilities***

Camping sites are available for overnight stays. Separate arrangements should be made through the Council Office for camping at Camp Sol Mayer in conjunction with your Climbing and Rappelling experience.

### ***Time***

Most one-day Climbing and Rappelling programs are scheduled on Saturday from 9 am to 4 pm. Participants are discouraged from leaving and returning to the site during daytime hours; the activities are cumulative and parts should not be missed. The entire group should be on site before the starting time so that full benefit of the day may be enjoyed. If the group is not completely assembled within 15 minutes of the assigned time, then the session is considered cancelled without notice. No refund will be forthcoming.

### ***Arrival Instructions***

The Concho Valley Council Climbing and Rappelling Program is located at Camp Sol Mayer, Fort McKavett, Texas. An instructor will be there to meet you and lead you. Don't be late; you'll be cutting into your own fun! **HAVE A GOOD DAY!!!**

# **CLIMBING AND RAPPELLING PROGRAM PARTICIPATION FEES**

## **Concho Valley Council, Boy Scouts of America**

The following fees are required for group participation in the Concho Valley Council, B.S.A. Climbing and Rappelling activity. A group is 6 to 12 participants.

### ***One Day Courses***

#### SCOUT UNITS

Registered only in Boy Scout Troop, Venturing Crews, or Exploring Posts. All participants must be currently registered in B.S.A. Participants will not receive the Climbing Merit Badge due to time restraints. This event is just an introduction to Climbing and Rappelling and we encourage Scouts to attend summer camp to complete their Merit Badge.

\$120.00 per group

#### SCOUT RELATED ORGANIZATIONS

These include organizations that sponsor scout units and United Way member organizations (non-profit). All participants must be active members of the organizations. These organizations or groups are permitted to use the camp climbing/rappelling facility only with a hold-harmless agreement, facility use agreement, and certificate of liability insurance in the amount of \$2 million.

\$200.00 per group

#### NON-SCOUT ORGANIZATIONS

Organizations that do not qualify as scout related. This also includes groups which have no particular affiliation. These organizations or groups are permitted to use the camp climbing/rappelling facility only with a hold-harmless agreement, facility use agreement, and certificate of liability insurance in the amount of \$2 million.

\$300.00 per group

In the event, inclement weather the use of the tower will be discontinued until conditions improve. A partial refund or rescheduling can be requested.

**CLIMBING AND RAPPELLING GROUP APPLICATION**  
**Concho Valley Council, Boy Scouts of America**

*Please Print or Type all entries:*

Unit/Organization: \_\_\_\_\_ Application Date: \_\_\_\_\_

Scouting Sponsor Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Unit/Organization Leader (Adult): \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

Participating Leader: \_\_\_\_\_ Position: \_\_\_\_\_

Requested Date for Climbing and Rappelling Program experience:

(1<sup>st</sup>) \_\_\_\_\_

(2<sup>nd</sup>) \_\_\_\_\_

(3<sup>rd</sup>) \_\_\_\_\_

Number of groups: (a group is 6 to 12 persons): \_\_\_\_\_

Number of participants who have climbing/rappelling experience: \_\_\_\_\_

Number of participants: Total \_\_\_\_\_ Youth Males \_\_\_\_\_ Youth Females \_\_\_\_\_

Adult Males \_\_\_\_\_ Adult Females \_\_\_\_\_

LIST NAMES OF PARTICIPANTS ON BACK OF THIS SHEET.

Total fees paid: \$ \_\_\_\_\_

XX

**Council Use Only**

Type of group: Scout: \_\_\_\_\_ Related/United Way: \_\_\_\_\_ Non-Scout: \_\_\_\_\_

Date confirmed: \_\_\_\_\_ Fees Received: \_\_\_\_\_

**CONCHO VALLEY COUNCIL, B.S.A.**

104 West River Drive, San Angelo, TX 76903  
(325) 655-7107 or (800) 321-7107

**CLIMBING MEDICAL INFORMATION / INFORMED CONSENT**

B.S.A. "Personal Health and Medical Record, Class 1, 2 or 3" may replace Section 1 below.

Name: (please print all entries) \_\_\_\_\_  
First Name MI Last Name  
Participant Address ( ) \_\_\_\_\_ ( ) \_\_\_\_\_ ( ) \_\_\_\_\_  
Home Work Other  
Scout unit or Affiliation: \_\_\_\_\_ Age: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

**Section 1 (Use back of page when additional space is needed)**

Family emergency contact: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Alternate emergency contact: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Personal health/accident insurance carrier: \_\_\_\_\_ Policy no: \_\_\_\_\_

List known allergies (food, medicines, insects, plants): \_\_\_\_\_

Special diet considerations: \_\_\_\_\_

List current medications and condition they cover: \_\_\_\_\_

List health equipment used (e.g. glasses, contacts, braces, removable teeth): \_\_\_\_\_

Have you had or do you now have (circle if yes): ADHD Asthma Cancer/Leukemia Diabetes Heart Trouble

Hemophilia High blood pressure Kidney disease Current pregnancy

Seizures/convulsions. Explain: \_\_\_\_\_

Date of last inoculation: Tetanus \_\_\_\_\_ Diphtheria \_\_\_\_\_ Pertussis \_\_\_\_\_ Measles \_\_\_\_\_  
Mumps \_\_\_\_\_ Rubella \_\_\_\_\_ Polio \_\_\_\_\_

Have you ever had any other serious disease or surgery? (If yes, explain and include date.) \_\_\_\_\_

Do you have any other medical conditions of which we should be aware, or which may limit your level of physical activity?  
\_\_\_\_\_  
\_\_\_\_\_

**Section 2**

I am not under the influence of any chemical substance, including alcohol. Understanding that any physical activity involves risk of injury, I understand that my participation in the Concho Valley Council Climbing & Rappelling program is entirely voluntary. I give permission for full participation in Climbing & Rappelling, subject to limitations noted above. I release Concho Valley Council, its employees, staff, and Climbing/Rappelling directors/instructors from any claims or liability arising out of my participation.

**To the {Parent/Guardian} [Participant]:** In case of emergency, I understand every effort will be made to contact {me} [my spouse]. In the event that person cannot be reached, I hereby give my permission to the licensed health care practitioner selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my {child} [self].

\_\_\_\_\_  
Signature Date

\*If the participant is under age 18, their parent or guardian must also sign below.

\_\_\_\_\_  
Parent or Guardian Signature Date

**CLIMBING AND RAPPELLING  
HOLD-HARMLESS/RELEASE AGREEMENT**

I understand that use of the camp facilities on \_\_\_\_\_(date) owned by *Concho Valley Council, BSA*, involves a certain degree of risk that could result in injury or death. In consideration of the benefits to be derived and after carefully considering the risk involved and in view of the fact that the Boy Scouts of America is a not-for-profit organization, I hereby release and hold harmless, and waive all claims I may have against Boy Scouts of America, *Concho Valley Council, BSA*, activity coordinator(s), all employees, volunteers, or other organizations associated with the Climbing/Rappelling activity.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If signatory is less than 18 years of age, this must also be signed by a parent or guardian.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date